

Shasta CHC Patient Portal

CPCA Webinar
Charles Kitzman, MMI
CIO Shasta Community Health Center

Vital Signs



- 40 FT Provider FQHC
- Live on **NEXTGEN** HEALTHCARE since May 2007
- 140,000 encounters annually
- Multiple services
 - Primary Care – Residency 3-3-3
 - NP/PA Post Graduate Fellowship
 - Pediatrics
 - Primary Care Neuropsychiatry
 - Urgent Care
 - 2 Homeless Vans
 - Integrated Behavioral Health/ISAP/MAT
 - Various Specialties – Rheumatology, Podiatry, Neurology, etc
- and a partridge in a pear tree.....

About your host

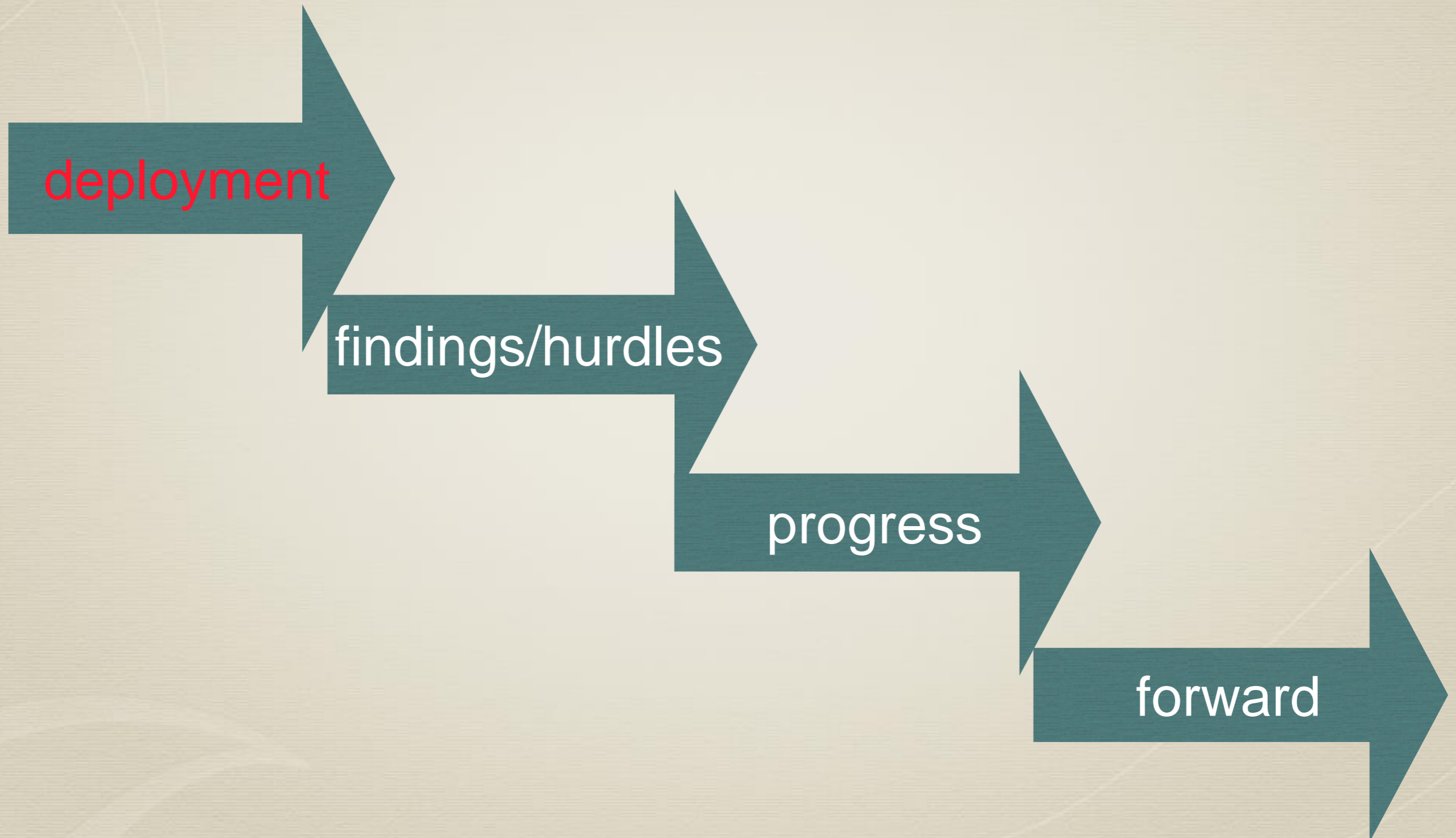
- * SCHC CIO 2010-Current
- * MMI - Northwestern University
- * 19 years in Technology field
- * Likes long walks on the beach, candlelit dinners and puppies.



Timeline and Numbers

- Went live Oct 2011 – Phased Approach
- Communications → Refills → Appointments → PHR
→ Interactive Forms → Bill Payer
- 29182 Enrollees (Including Declinations)
- 3000 Super Users >3 uses since signing up
- > 97K messages handled
- 6371 appointment requests
- 7846 Medication refill requests

What shall we talk about?





OMG!
I JUST GOT
BORN!

mstrwrens

Benefits

Meaningful Use

- Electronic access to health records

Patient Centered Medical Home

- Patient -centered health IT and analytic tools

Health Reform ★

- Strategic differentiator for patient engagement

Drivers

Patients:

- Conveniently view personal health information
- Request / schedule appointments
- Communicate securely with providers
- Links to credible info

Clinics Providers:

- Administrative efficiencies (less calls)
- Push routine tasks to care team
- More time for critical patients

Patients:

- "Digital Divide" ★
- Literacy
- Language
- Privacy concerns

Providers:

- Potential for added work
- Lack of reimbursement
- Inappropriate use by patients
- Liability for security breaches

Barriers

Testing the waters



- * Perceptions were way off!!! Pre-project patient surveys indicated a 65% willingness to use a portal for contacting the health center.
- * Work | Home | Public Library | Family | Friends



Funding

Licensing, Time, Talent, Training

*Give your conscience an alibi!! - “MU will cover it.”

The Gods Smiled Down Upon Us

Selected for PPI project

1 of 3 cohorts

Extremely *Valuable* Experience

TONS of Resources

Website Available

<http://www.chcf.org/patient-portals>

Jim Meyers DrPH, MHA, FACHE



How's it Work?

- * Uses Patient email as point of contact (optional)
 - * Less likely to change than a physical address/phone
 - * Notifications are sent to email prompting patient to visit the portal
- * Functionality = Basic Communications, Medication refill requests, Appointment requests, Forms*
- * Can send documents created by EMR/Scans through portal unidirectional
- * Try to make the phone ring less

Our Approach

- * Targeted Populations (DM, EIS, ADHD etc)
- * Quickly scratched that for a Full Court Press!!
 - * Summer Students willing to help!
 - * Lobby, Exam Rooms, Post Visit. - Orientation/Bribes
- * Providers were not originally directly involved at all.
 - * High Ratio of RN to Providers
 - * Already overwhelmed/Non-emergency type messages
- * PCMH - MU

What are we talking about?



deployment

findings/hurdles

progress

forward

Patients


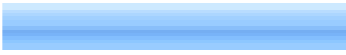
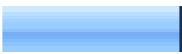


Better at this than we thought
Deliberate form of communication
Supply enough detail
Thankful for service
Appropriate use



Expectations

- * Respond within 2 business days *or better*
- * Keep communication methods congruent
- * Can request but not *make* appointments
- * Establish trust in the tools by exceeding expectations
- * Solicit input via surveys and advisory groups

4. In the past 6 months, how many times did you send an e-mail to SCHC staff or your doctor?

		Response Percent	Response Count
None		30.4%	14
1		30.4%	14
2		15.2%	7
3		10.9%	5
4		13.0%	6
5		0.0%	0
More than 5 times		0.0%	0
answered question			46
skipped question			2


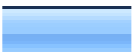
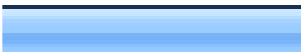




6. If you emailed SCHC in the past 6 months, what was your reason for doing so? (check all that apply)

		Response Percent	Response Count
Make or change an appointment		51.7%	15
Ask for a referral		3.4%	1
Refill prescriptions		34.5%	10
Ask about lab results		13.8%	4
Ask a question		44.8%	13
Other reason: _____		13.8%	4
		answered question	29
		skipped question	19

7. If you emailed SCHC in the past 6 months, what is your overall rating of this email communication?

		Response Percent	Response Count
Poor		13.3%	4
Fair		10.0%	3
Good		20.0%	6
Very Good		26.7%	8
Excellent		30.0%	9
			answered question
			30
			skipped question
			18


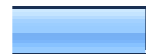



8. How many times have you used NextMD Patient Portal in the past 6 months?

		Response Percent	Response Count
Never		6.4%	3
1		10.6%	5
2		25.5%	12
3		25.5%	12
4		12.8%	6
5		6.4%	3
More than 5 times		12.8%	6
answered question			47
skipped question			1




**9. If you used NextMD Patient Portal in the past 6 months, for which services did you use it?
(check all that apply)**

		Response Percent	Response Count
Communicate with doctor or nurse		69.8%	30
Refill prescriptions		32.6%	14
View health records		9.3%	4
Find information about a health issue		18.6%	8
Request a referral		2.3%	1
View lab results		4.7%	2
Make or change an appointment		46.5%	20
Pay a bill		0.0%	0
Other: _____		23.3%	10
		answered question	43
		skipped question	5

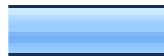




10. If you used NextMD Patient Portal in the past 6 months, what is your overall rating of it?

		Response Percent	Response Count
Poor		6.8%	3
Fair		11.4%	5
Good		15.9%	7
Very Good		29.5%	13
Excellent		36.4%	16
		answered question	44
		skipped question	4

11. Did using NextMD Patient Portal save you a call to the SCHC in the past 6 months?

		Response Percent	Response Count
Yes		80.4%	37
No		15.2%	7
I did not use NextMD Patient Portal in the past 6 months		4.3%	2
		answered question	46
		skipped question	2

18. In general, how would you rate your overall health?

		Response Percent	Response Count
Poor		12.8%	6
Fair		29.8%	14
Good		29.8%	14
Very Good		23.4%	11
Excellent		4.3%	2
		answered question	47
		skipped question	1

22. What is the highest grade or level of school that you have completed?

		Response Percent	Response Count
8th grade or less		0.0%	0
Some high school, but did not graduate		2.1%	1
High school graduate or GED		21.3%	10
Some college or 2-year degree		53.2%	25
4-year college graduate		14.9%	7
More than 4-year college degree		8.5%	4
answered question			47
skipped question			1

Patient Advisory

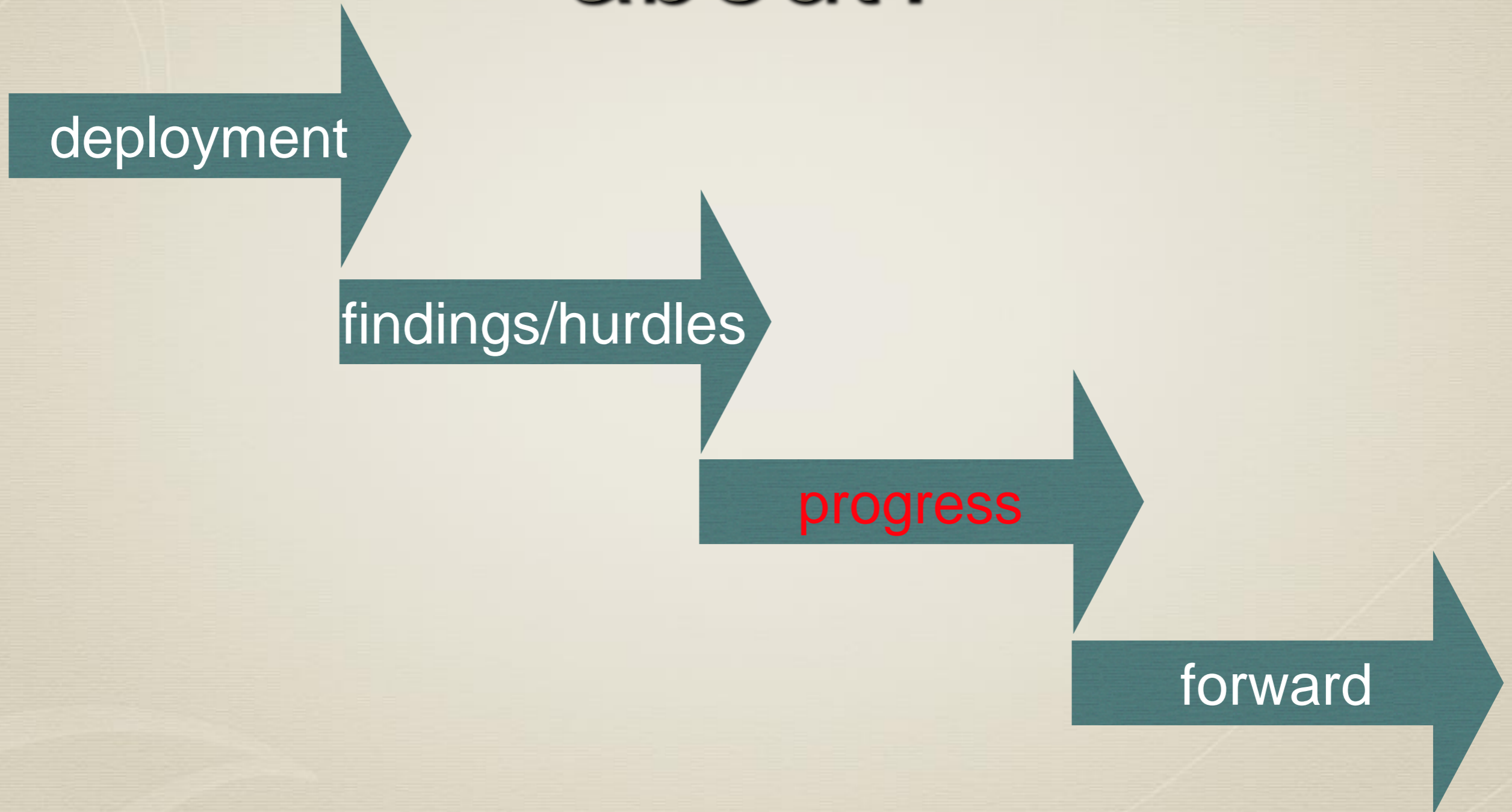
- * Cross Pollinate the group by gender, age, experience
 - * ICF Homes - Possibility
 - * Congruence is desired
 - * Timely responses
 - * Transportation savings/Hassle factor
 - * Ex. Izzy records, Jury Notes

Obstacles

- * How to manage minor confidentiality
- * Promoting use
- * Issues with user security (nurse)
- * Lack of analytics from vendor
- * Labs/PHR



What are we talking about?





- * Posters
- * Pins
- * Facebook
- * PublicWebsite
- * Instructional Videos
- * Brochures
- * Intake Packets
- * Scribes? Providers?
Nurses?
- * Portal Coordinator

Monitoring

Start Date



End Date



1 of 1

100%



Find | Next



NextMD Cycletimes

Responder	Responses	Avg Cycle Time
Hunt, Kimberly	90	0 day(s) 03:39:00
Kitzman, Charles	36	0 day(s) 09:59:00
Speed, Brenda	16	0 day(s) 07:30:00
Johnson, Kristi	13	0 day(s) 18:09:00
Stoute, Landi	11	0 day(s) 23:56:00
Villalobos, Joe	6	0 day(s) 18:18:00
Hendrix, Myra	5	0 day(s) 04:58:00
Valentine, Jonathan	5	0 day(s) 03:40:00
Stewart, Christine	5	0 day(s) 03:36:00
Roach, Ann	3	0 day(s) 01:17:00
Merrill, Johnna	2	2 day(s) 05:20:00
Selbo, Tracy	2	0 day(s) 11:37:00
Melger, Jessica	2	0 day(s) 00:05:00
Beech, Tatum	1	3 day(s) 18:02:00
Choate, Jacqueline	1	0 day(s) 01:35:00

Tracking

Asherman FNP Harold	⊕ 12 or Younger	0	0	0	0	39
	⊕ 13 to 18	0	0	0	0	42
	⊕ 19 to 30	5	3	2	0	134
	⊕ 31 to 40	0	16	23	1	169
	⊕ 41 to 50	7	32	30	6	178
	⊕ 51 to 60	1	8	8	4	229
	⊕ Over 60	8	32	32	5	219
	Total	21	91	95	16	1010

Davainis MD Paul	⊕ 12 or Younger	0	3	3	2	79
	⊕ 13 to 18	0	0	0	0	22
	⊕ 19 to 30	0	3	0	0	23
	⊕ 31 to 40	0	1	0	0	16
	⊕ 41 to 50	0	1	3	0	25
	⊕ 51 to 60	0	1	3	0	59
	⊕ Over 60	0	1	2	4	68
	Total	0	10	11	6	292

Utilization

Home > NextMD Utilization > NextMD Utilization

Display Utilization by ▼

Start Date 

End Date 

of 1

 ▼
 Find | Next
 




NextMD Utilization

Age Range		Appointment Requests	Communications Received	Communications Initiated	Medication Refill Requests	Registered Users
<input type="checkbox"/> 12 or Younger	Total	2	14	15	12	5755
<input type="checkbox"/> 13 to 18	Total	1	4	5	0	2284
<input type="checkbox"/> 19 to 30	Total	22	68	66	18	3800
<input type="checkbox"/> 31 to 40	Total	23	140	185	27	2894
<input type="checkbox"/> 41 to 50	Total	59	249	265	51	2712
<input type="checkbox"/> 51 to 60	Total	52	333	340	67	3323
<input type="checkbox"/> Over 60	Total	25	333	358	49	3301
Total		184	1141	1234	224	24069

Responder Name	Count Responses	Avg Cycle Time Conv
Clinic Wide	1002	0 day(s) 14:51:00

Not all portals are created equal

- * NextMD
- * eClinical Works

Questions / Concerns

 [Ask Doctor](#)




Messages

-  [Inbox](#)
-  [Sent Messages](#)
-  [Deleted Messages](#)








Account Information

-  [Personal Information](#)
-  [Additional Information](#)
-  [Reset Password](#)

Intake Forms

-  [Questions/concerns for next office visit](#)
-  [Past Medical History](#)
-  [Surgical and Allergies](#)

Review

-  [Lab / Diagnostic Reports](#)
-  [Patient Education](#)
-  [Current Statement](#)
-  [Past Statement](#)
-  [Referrals](#)
-  [PHR-Complete Report](#)
-  [PHR-View](#)

Appointments

-  [New Appointment](#)
-  [Current Appointment](#)
-  [Historical Appointments](#)

Requests

-  [Lab Request](#)
-  [Referral Request](#)

Welcome Russian River Health Center Test,

West County Health Centers is pleased to offer you our Patient Portal. The Patient Portal is a tool that all view appointments, change your personal demographic information, view your medical history, and fill c medical needs or concerns. If you have a true medical emergency, call 911 or call your local police or fi provider or Care Team, please call the office directly.

Please remember that this service is for non-urgent communications only!
If you have an emergency needing clinical care, please dial **911**.

Personal Health Record



[Request your PHR](#)

Messages

 [You have 4 new message\(s\)](#)

Questions/Concerns

 Ask Doctor

Messages

 Inbox

 Sent Messages

 Deleted Messages


Account Information

 Personal Information


 Additional Information

 Reset Password

Intake Forms


 Questions/concerns for next office visit

 Past Medical History


 Surgical and Allergies

Review

 Lab / Diagnostic Reports

 Patient Education

 Current Statement

 Past Statement

 Referrals

 PHR-Complete Report

 PHR-View

Appointments

 New Appointment

 Current Appointment

 Historical Appointments

Questions/concerns for next office visit

Past Medical History

Please enter your concerns or questions for your next

Web Portal

I would like to discuss the following items at my next office visit: #1

#2

#3

#4

#5

Submit

Hi Parker,

Welcome to the Patient Portal at Santa Cruz Community Health Centers! DO NOT attempt to access emergency care through this online patient portal. If you think you are having an emergency requiring urgent medical attention, CALL 911 or go to the closest Emergency Room. If you are unsure whether you are experiencing a true medical emergency, please call us at (831) 427-3500 We are excited to introduce to you an exciting new advancement in the management of your health care. As a patient, you play a key role in managing your care. Through the Online Patient Portal, you will have instant access to selected lab results, past visit summaries, current and upcoming appointments, as well as education materials from your healthcare provider. You can also request new appointments, and send messages to your care team quickly and securely! We hope that you find the Online Patient Portal to be easy to use and reliable as we partner with you in improving your health care experience. Please do not hesitate to ask our staff at your next visit if you have questions, concerns, or recommendations. You can also call us at (831) 427-3500 during regular business hours. We will do our best to respond to all messages and requests within 5 business days, however you

- Dashboard
- My Account
- Messages
- Medical Records
- Appointments
- Questionnaires
- Trackers

3 Taking View All

CURRENT MEDICATION

Melatonin 1 MG	Once a day
Ultram(TraMADol HCl) 50 MG	every 6 hrs
Ibuprofen 200 MG	every 6 hrs

[Request Refill](#)

1 New View All

LATEST LAB RESULTS

A1C (In House) 8.1	01/23/2018
-----------------------	------------

View All

MEDICAL RECORDS

Personal Health Record can be requested by clicking on the Request PHR below

[Request PHR](#)

[View Medical Records](#)

Details

Print 

.SANTA CRUZ WOMENS HEALTH CTR

Elisa Breton, MD TEST
Family Medicine

Address:
250 LOCUST STREET ,SANTA CRUZ, CA 950603813

Tel:
831-427-3500

Fax:
831-457-2486

RESULT

Patient
Parker Wood

DOB
03/29/1997

Address
222 QUARRY LN, , SANTA CRUZ, CA 95060-2061

Phone
559-375-5069

Ordered Date
01/23/2018

Test Name
A1C (In House)

Assessments
Diabetes

Name	Value	Reference Range
Hemoglobin A1c	8.1	<5.7 - % of total

Result
8.1

Notes

Received Date
01/30/2018

REMINDERS

Reminders CDSS

Test Name	Last Done	Due
FLUZONE/(pur)NVFC P-FREE FLU 6-35 mos, 0.25ml		Currently Due

- Dashboard
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- Trackers

- Reminders
- CDSS Alerts
- Trackers

REMINDERS

Reminders CDSS

Measure Name	Status	Last Done/Due
Smoking status	Non-Compliant	Due: 09/06/2016
Body Mass Index	Non-Compliant	Due: 09/06/2016
Alcohol use screening	Non-Compliant	Due: 09/06/2016



- Dashboard
- My Account
- Messages
- Medical Records
- Appointments
- Questionnaires
- Trackers

My Trackers All Trackers


Search steps devices

- Steps
- Distance
- Calories
- BMI
- Sleep
- Heart Rate
- Blood Pressure
- Floors
- Blood Glucose
- Activity

If you do not own or plan to purchase one of these wellness devices, you can still manually enter data directly into one of our free healow trackers.

Yes, I want to manually track Steps

Devices that track Steps





Fitbit charge 2
The Charge 2 is equipped with SmartTrack...

\$129.95

BUY

Already Have a Fitbit Account? Setup

Also tracks 




Fitbit Flex 2
Fitbit flex 2 is the most iconic tracker...

\$79.95

BUY

Already Have a Fitbit Account? Setup

Also tracks 



QUESTIONNAIRE

New Patient History

Patient Health Questionnaire (PHQ-9)

SC health Centers Behavioral Health Questionnaire

Thank you for choosing Santa Cruz Community Health Centers! Please complete this survey to the best of your ability so we can help provide you with the best care. After all, no one knows your health and health history better than yourself!

General:

Today's Date:

(mm/dd/yyyy)

Your Date of Birth:

(mm/dd/yyyy)

What is the main purpose of today's visit?

Other concerns (if applicable):

In general, how would you rate your overall health?

- Excellent
- Very Good
- Good
- Fair
- Poor

Submit and Next >>

- >
- Dashboard
- My Account
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- Questionnaires
- Trackers

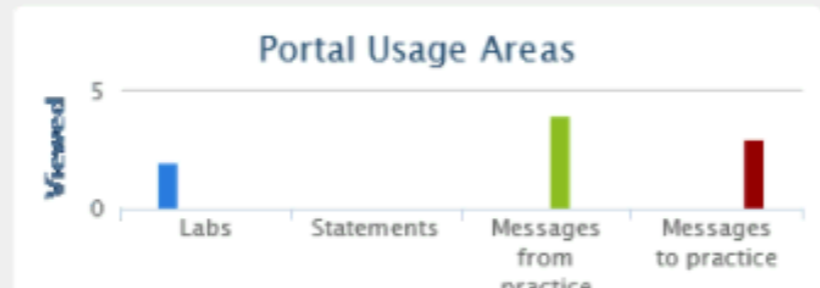
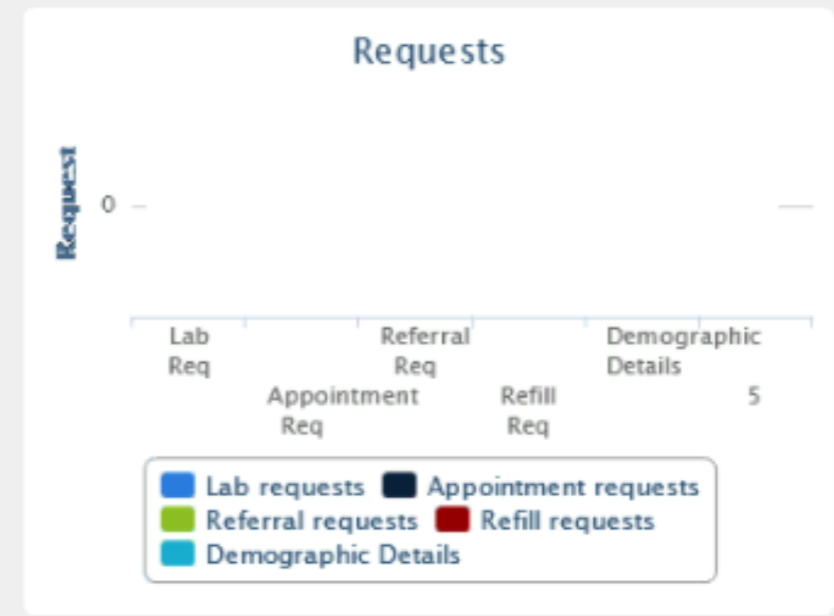
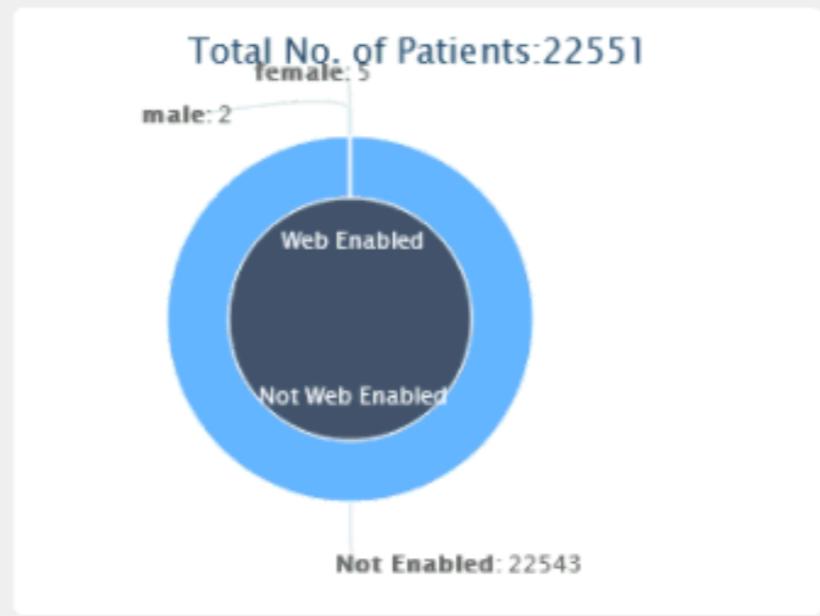
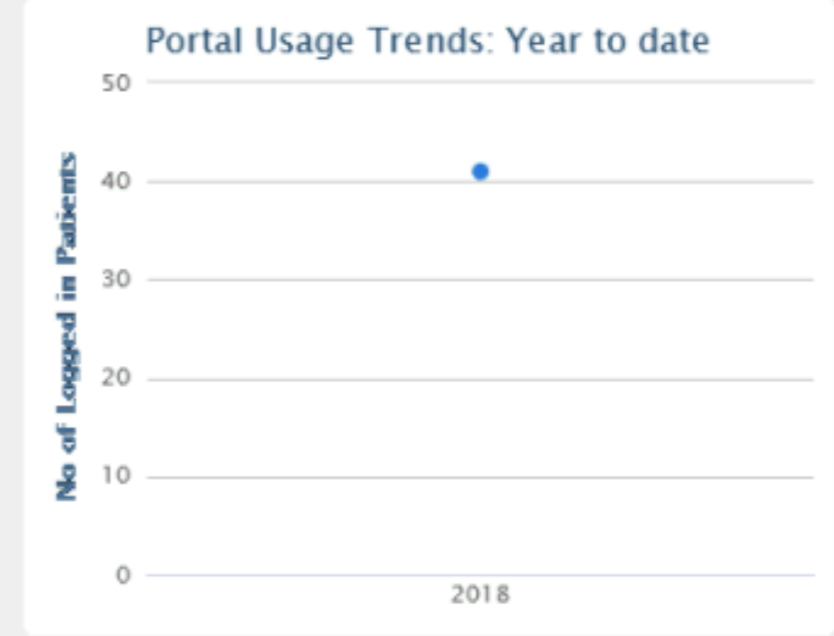
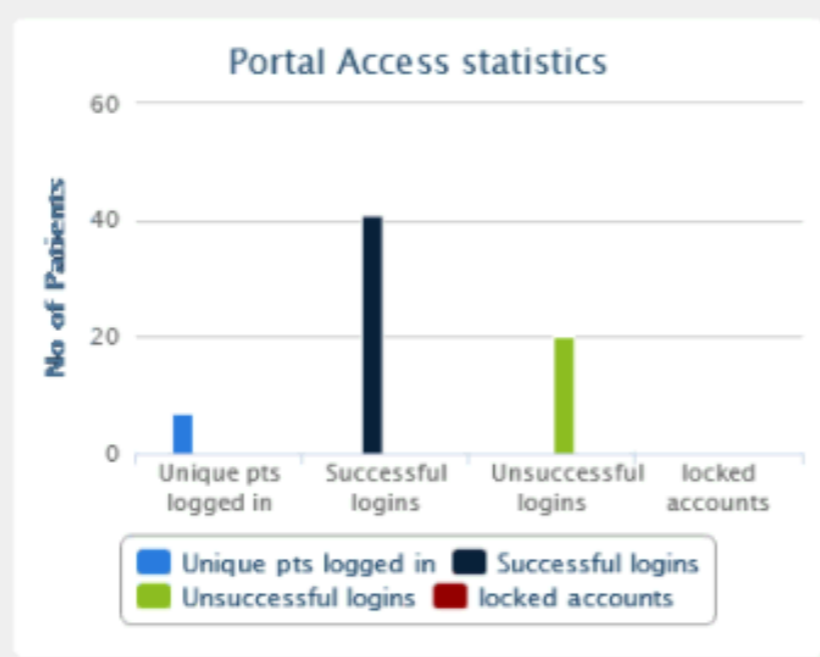
- Admin
- PHM Setup
- Content Distrib...
- Patient Portal S...
- Product Activati...
- Resources
- User Logs
- Chronic Care A...
- Order Set Confi...
- eCW P2P Admi...
- Content Distrib...
- CQW Admin

Patient Portal Settings

- Patient Portal Settings
- Admin Dashboard**
- Batch web Enable/Disable

- Notification Logs
- Sent eMails Logs
- eMail Failures Logs
- Portal Customization
- Site Builder
- Responsible Party Settings
- Access Logs
- Health Record Access Logs
- Lab Access Logs
- Statement Access Logs
- Patient Access Logs
- Locked Accnts
- Unsubscribed User List

Switch to List



- Practice
- PHM
- healow
- Registry
- Referrals
- Messages

Notes on eCW

New upgrade has Spanish 11E

PHR does not auto-update – must be requested by patient

PHR can be downloaded as .pdf or as CCDA

Provider notes on lab results do appear in the portal

Bulk messages are possible

Forms can be created to be proactive on some UDS/HEDIS measures Ex. PHQ-2 Some glitches remain

Data for portal not available to end-users even if locally hosted

Patients can update demographic info from portal

Best – Tracker has potential, FITBit integration

Worst – Analytics piece is limited.

What did we talk about?



deployment

findings/hurdles

progress

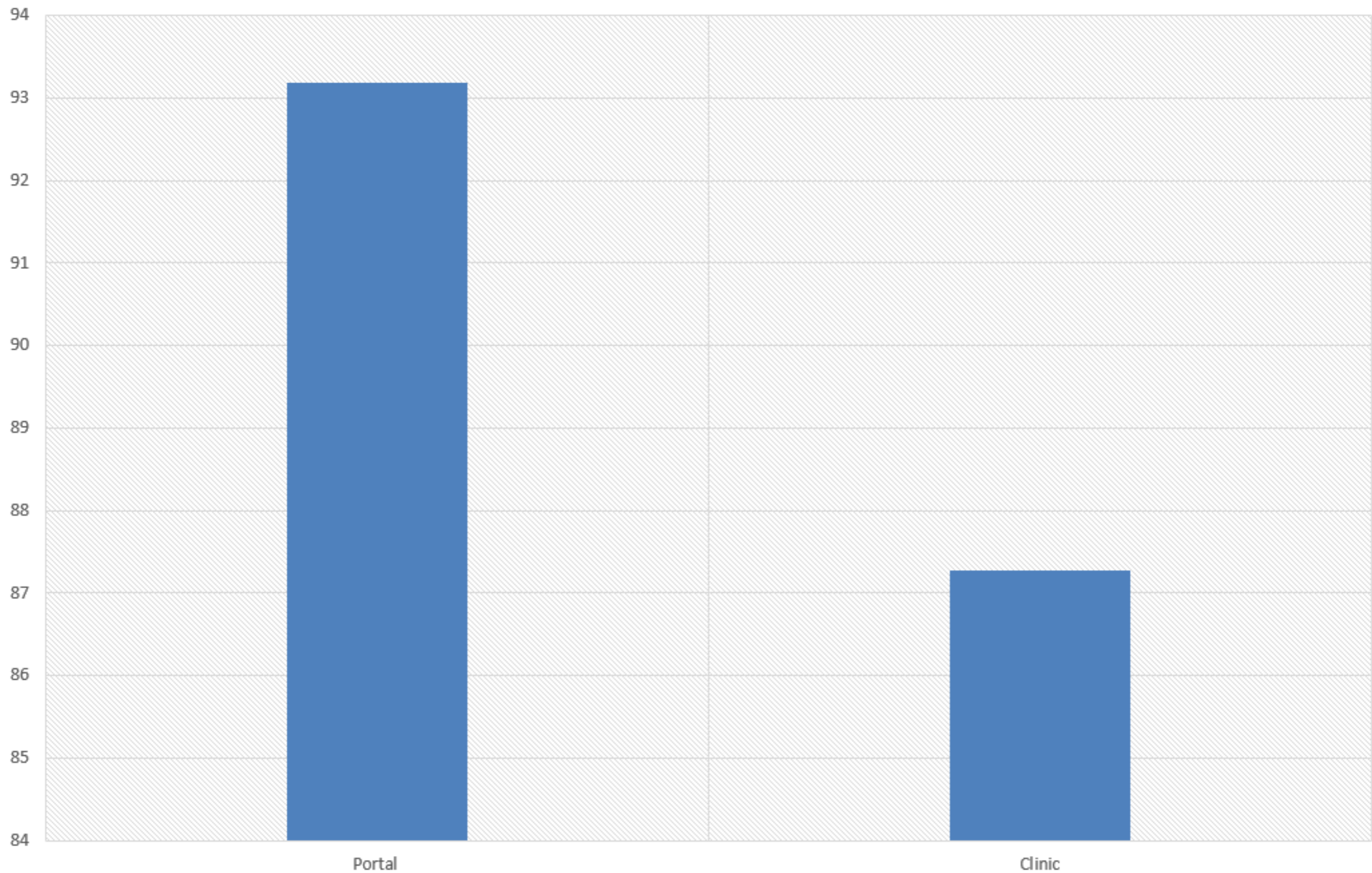
forward

Here to stay.....

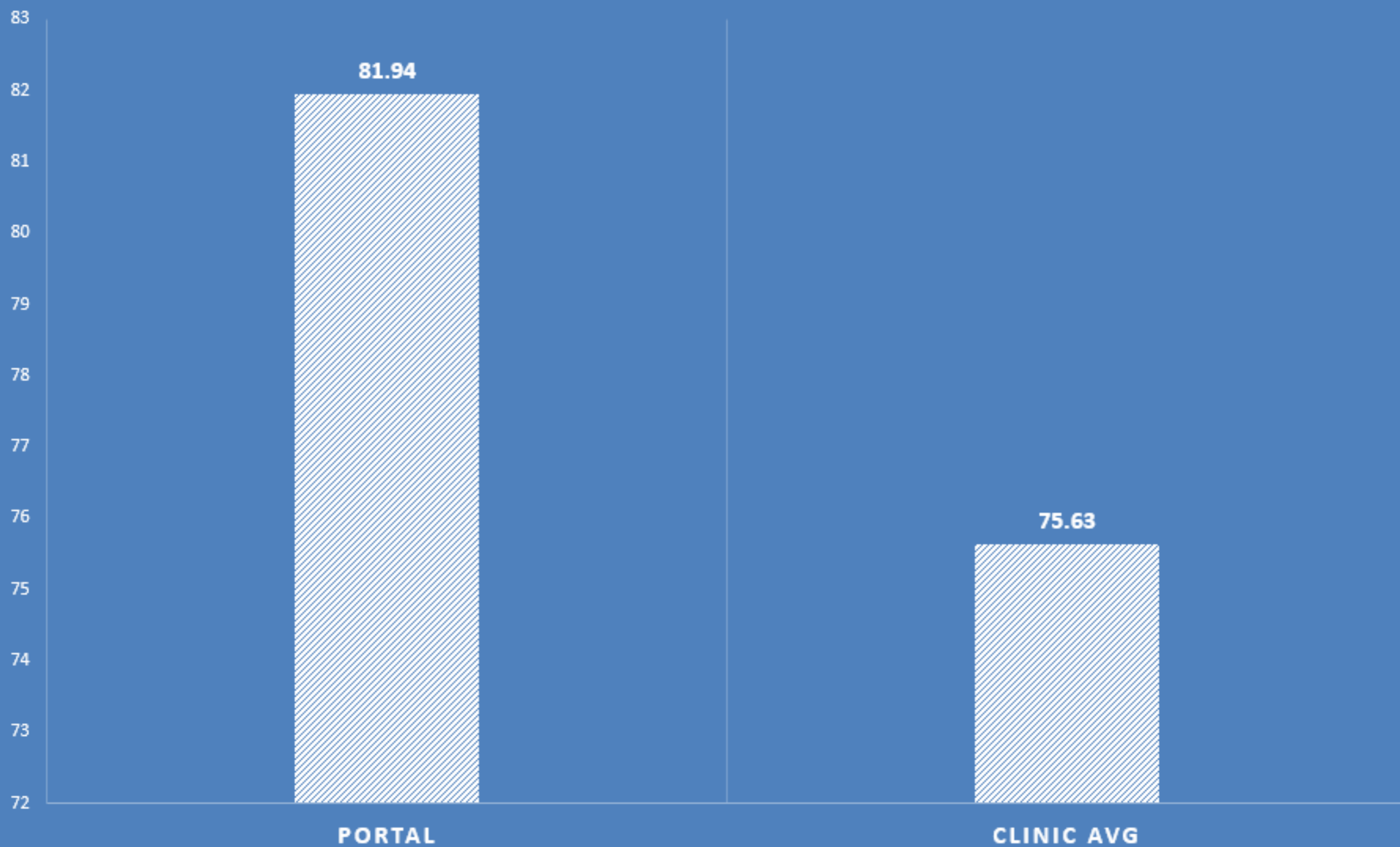
- * Slow climb/be patient - Even the best systems took time – Kaiser took 12 years to get to 30% use
- * Expect greater mobile device integration in the future
- * Is PCMH possible without one?
- * Providers carry most weight in promoting the tool

Outcomes

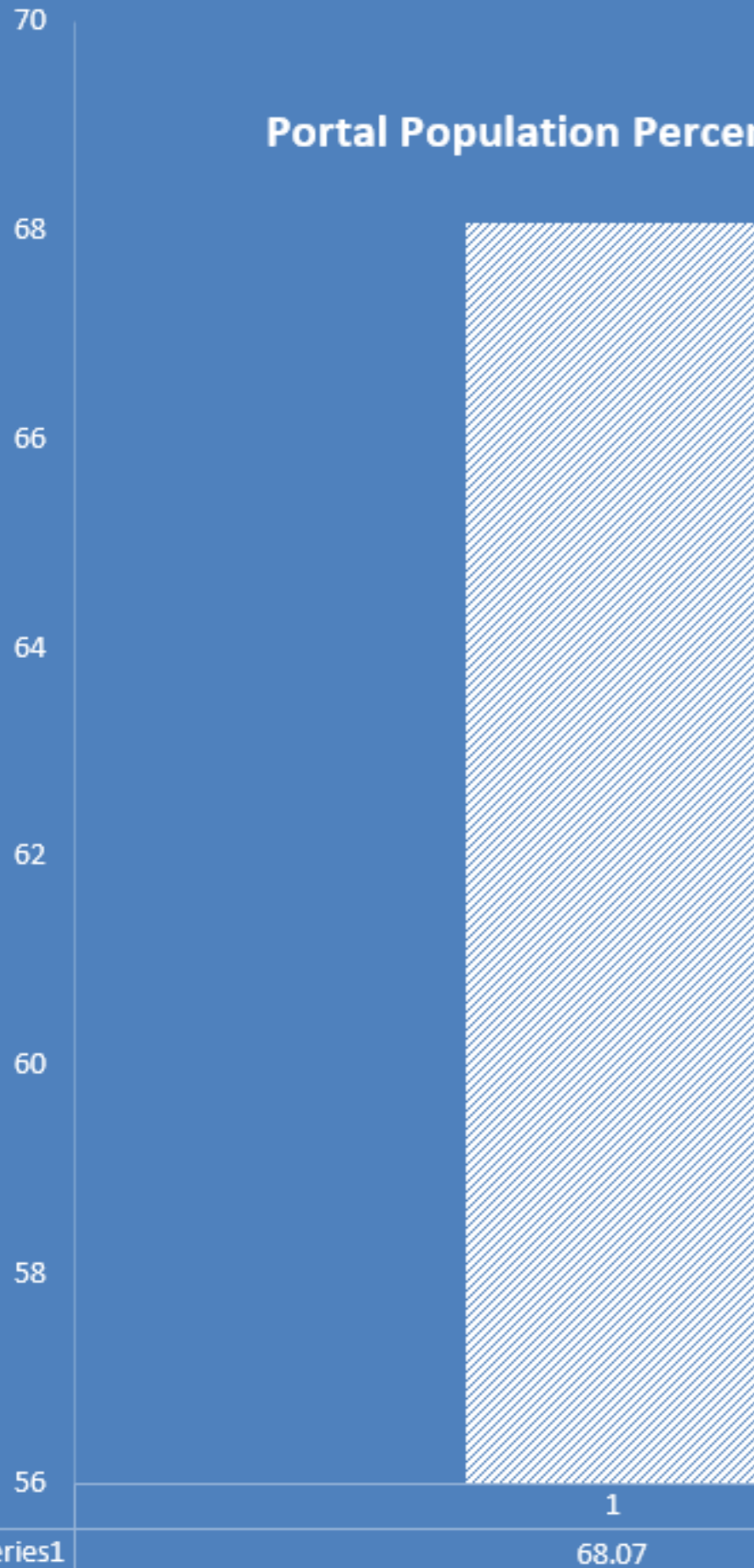
**% Kept Appointments
Requests through Portal vs. All Other Means**



LAB COMPLIANCE PORTAL COHORT VS. CLINIC AVERAGE BIGGER IS BETTER



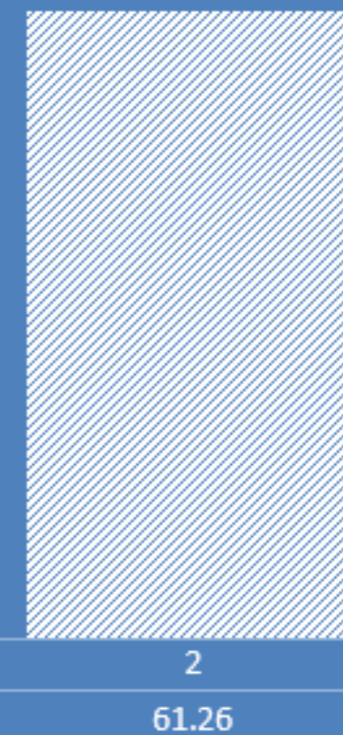
Portal Population Percent Compliant



HYPERTENSION PATIENTS COMPLIANCE RATES

**PORTAL POPULATION
NEARLY 7% MORE COMPLIANT
THAN CLINIC AVERAGE**

Total HTN Population Compliant



Series1

Advice/Takeaways

- * Route messages using existing workflows
- * Establish trust in the system by answering ASAP
- * Compare tools and challenge vendors
- * Engage clinicians to help promote the product
- * Monitor and analyze for trends/build canned responses

Thanks for listening.....

Questions?

